

LUNCH



ESTABLISHED 2018

MTK LOBSTER HOUSE
ON THE HARBOR

29 MAIN ST, SAG HARBOR, NY. 631-808-3639



OFF
THE
HOOK

APPETIZERS

SEA YA QUESADILLAS

WITH GUAC, PICO DE GALLO AND SOURCREAM
Chicken (16) shrimp (21) lobster (25)

14

MONTAUK CRISPY CALAMARI

FRIED CALAMARI WITH SHISHITO PEPPERS,
REMOULADE & SWEET CHILI SAUCE

15

MUSSELS

WITH WHITE WINE, GARLIC, SHALLOTS,
SAFFRON AND FENNEL

19

SOUPS & SALADS

NEW ENGLAND CLAM CHOWDER

12

SOUP OF THE DAY

14

LUMP LOBSTER BISQUE

16

MONTAUK SALAD

FARM GREEN AND VEGETABLES WITH SHERRY
SHALLOTS VINAIGRETTE

WITH CHICKEN (22) SHRIMP (26) LOBSTER (34)

18

HARBOR SALAD

GRILLED CAESAR SALAD

WITH CHICKEN (22) SHRIMP (26) LOBSTER (34)

16

CRISPY CALAMARI SALAD

BABY ARUGULA, CABBAGE, CUCUMBERS, CELERY,
AND SWEET CHILI MISO DRESSING

22

BABY KALE SALAD

HONEY CRISP APPLE, AVOCADO, GOLDEN RAISINS, CANDIED
WALNUTS AND OUR SHERRY SHALLOT VINAIGRETTE WITH
CHICKEN (22) SHRIMP (26) LOBSTER (34) GRILLED SALMON 38

18

BLT SALAD

MIXED LETTUCE, CHERRY TOMATO, APPLEWOOD SMOKED
BACON, PICKLE RED ONIONS AND BUTTERMILK BLUE CHEESE
DRESSING

WITH CHICKEN (22) SHRIMP (26) LOBSTER (34)

18

25

MTK STANDARD
BURGER*

ON A BRIOCHE
WITH CHEDDAR
CHEESE, LETTUCE,
TOMATO, ONIONS,
SPECIAL SAUCE &
FRIES

MLH EXCLUSIVE
SURF & TURF
BURGER* 34

ON A BRIOCHE WITH
CHUNKS OF LOBSTER
MEAT, MOZARELLA
CHEESE, LETTUCE,
TOMATO, SPECIAL
SAUCE & FRIES

MLH SIGNATURE DISHES

SEAFOOD CIOPPINO

LOCAL SEAFOOD STEW, LOBSTER, SHRIMP, MUSSELS, CALAMARI
AND CODFISH IN A TOMATO FENNEL BROTH

58

STEAMED OR GRILLED LOBSTER

WITH GRILLED CORN AND POTATOES

PA

FISH & CHIPPERS

ATLANTIC CODFISH IN CRISPY BEER-BUTTER, COLESLAW, TARTAR
SAUCE & FRENCH FRIES

34

3 TACOS

CABBAGE, GUACAMOLE, PICO DE GALLO AND CHIPOTLE MAYO
Fish (25) Shrimp (28) Lobster (35)

BLLT

SERVED WITH FRIES

BACON, LOBSTER, LETTUCE & TOMATO ON A TOASTED BRIOCHE

28

CHICKEN MILANESE

CRISPY BUTTERILK CHICKEN WITH HEIRLOOM TOMATOES, GREENS, CHIK
PEAS, PARMESAN CHEESE, BALSAMIC DRESSING & PICKLE RED ONION

30

MONTAUK LOBSTER ROLL

CHUNKS OF FRESH LOBSTER MEAT SERVED COLD WITH MAYO, CELERY &
FRIES ON A TOASTED ROLL

35

LIGHTHOUSE LOBSTER ROLL

CHUNKS OF FRESH LOBSTER MEAT & WARM BUTTER ON A TOASTED ROLL
WITH A SIDE OF FRIES

35

SANDWICHES

CAUGHT LOCAL FISH SANDWICH

ON A BRIOCHE BUN WITH TARTAR
SAUCE, LETTUCE TOMATO AND
HAND CUT FRIES

22

CRISPY BUTTERMILK CHICKEN SANDWICH

ON A BRIOCHE BUN
WITH LETTUCE TOMATO RED ONION AND
HAND CUT FRIES

20

SPLASH OF SIDES

FRENCH FRIES

6

MAC N' CHEESE

12

TRUFFLE FRIES

12

LOBSTER MAC N' CHEESE

22

ROASTED AUTUMN VEGETABLES

12

CORN ON THE COB

6

OYSTERS

Our traditional raw on the half shell served
with lemon, cocktail & mignonette sauce

MONTAUK PEARL OYSTERS

3.00ea

* THIS ITEM CAN BE COOKED TO ORDER

CONSUMER ADVISORY: RAW OR UNDERCOOKED MEAT, POULTRY,
SEAFOOD, OR EGGS MAY INCREASE RISK OF ILLNESS.

BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A
PERSON IN YOUR PARTY HAS A FOOD ALLERGY



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